

# Support & Language, Literacy, Numeracy and Digital (LLND) Services –

## Jandakot Campus

### Support Services

#### **Youth Reach South**

Cockburn Gateway Shopping Centre, 3/25 Wentworth Parade, Success WA 6164

Phone: (08) 9431 4700

Website: <https://fsfhg.health.wa.gov.au/Our-services/Mental-Health/Youth-mental-health/YRS>

#### **Headspace Armadale**

40 Fourth Rd, Armadale, WA 6992

Phone: (08) 9393 0300

Website: <https://headspace.org.au/headspace-centres/armadale/>

#### **Beyond Blue**

Website: <https://www.beyondblue.org.au/>

Phone: 1300 224 636

#### **Suicide Call Back**

Website: <https://www.beyondblue.org.au/support-service/chat>

Phone: 1300 659 467

#### **Helping Minds**

South Lake Ottey Family & Neighbourhood Centre, 2A S Lake Drive South Lake WA 6164 and

Fremantle Office, Suite 11B, 16 Phillimore Street, Fremantle WA 6160

Website: <https://helpingminds.org.au>

#### **Sexual Assault Resource Centre (SARC)**

King Edward Memorial Hospital

374 Bagot Road, Subiaco, Perth WA 6008

Website: <https://www.kemh.health.wa.gov.au/other-services/sarc>

For triage counselling (08) 6458 1828, 1800 199 888 or 1800 737 732

For appointments (08) 6458 1828

#### **Mental Health Emergency Response Line**

Website: <https://emhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Inpatient-and-Other-Services/MHERL>

Phone: 1300 555 788 (Perth), 1800 676 822 (Peel region)

#### **Aboriginal Men's Health -Cockburn Men's Group**

A male specific yarning group that meets every second Friday during the school term. They discuss health issues including spiritual, emotional, and physical wellbeing.

Cockburn Men's Group meets at Moorditj Koort, 1/28 Hammond Rd, Cockburn Central every second Friday.

<https://www.naccho.org.au/mens-health-our-way-lets-own-it/>

### **Aboriginal or Torres Strait Islander Crisis Support**

Phone: 13Yarn – 13 92 76

Website: <https://www.13yarn.org.au/>

### **LGBTQ+ Support**

Website: <https://www qlife.org.au/> - webchat 3pm to midnight, everyday

Phone: 1800 184 527

### **Crisis Housing & Support Services**

Entry point on 1800 124 684 or 6496 0001

Crisis Care on 1800 199 008 for access to crisis accommodation providers.

<https://www.wa.gov.au/service/community-services/community-support/crisis-care>

### **St Pat's Support Services**

12 Queen Victoria St, Fremantle (open Mon – Fri 7:30am - 2:00pm)

Phone: (08) 6372 4800

Reception Mon – Fri 8:30am – 4:30pm

Website: <https://stpats.com.au>

### **ETI's Employee Assistance Program (EAP)**

The EAP is a confidential and professional counselling service delivered by an external provider and is available to all apprentices completing our electrical programs, for personal, work or study-related issues. For more information visit

[Terms and Conditions/Policies | College of Electrical Training \(cet.asn.au\)](#)

**Emergency Services:** 000

**Police:** 131 444

**Lifeline** - 13 11 14

**Men's Helpline Australia:** 1300 78 99 78

**Mates in Construction:** 1300 642 111

## [Language, Literacy, Numeracy and Digital Support Services](#)

### **Reading Writing Hotline (Online)**

Website: <https://www.readingwritinghotline.edu.au/learner-resources/>

Phone: 1300 655 506

### **Ezy Math Tutoring**

Phone 1300 312 354

<https://www.ezymathtutoring.com.au/tutors/atwell-6164>

### **Cluey Learning** (Maths, English, ESL) - Online

Website: <https://clueylearning.com.au/>

Phone: 1300 182 000

### **Ace Tutoring** (Maths, English)

73 George St, West Perth WA 6005

Website: <https://acetutoring.com.au/>

Phone: (08) 9324 2000

**Read Write Now**

For adults to improve their reading, writing, maths, study, or basic computer skills.

Website: <https://www.read-write-now.org.au/>

Phone: 1800 018 802

**Language and Literacy Learning Centre**

10 Merino Entrance, Cockburn Central WA 6164

Phone: (08) 6189 3521

**Adult Migrant English Program (AMEP)**

A flexible program that offers eligible migrants free English language classes.

Website: <https://www.southmetrotafe.wa.edu.au/specialist-programs/adult-migrant-english-program-amep>

Email: [amep@smtafe.wa.edu.au](mailto:amep@smtafe.wa.edu.au)

Phone: 1800 862 166

**Helpful Apps for Mental Health**

- Chats for Life
- Mood Mission
- Self Help Anxiety Management
- Well Mind
- St John First Responder
- Headspace
- What's Up

**Digital Services**

- For technical support please call College administration on phone (08) 6595 6600.

**Support at the Campus**

Please reach out to the Training Manager / Manager EQS, or reception to connect with our dedicated Support Officers at your campus. They are here to assist you with any mental health or training issues you may have.